MENTEITH
STIRLING, SCOTLAND
SCOTT'S PORRIDGE OATS7.00Cooked to your liking (gl) (I) (V)
SCOTTISH BREAKFAST ..... 18.00(Price Inclusive of continental offering)Local Hens Eggs (e), Ayrshire Bacon (P), Scottish Lorne Sausage (p) (gl), Stornoway Black Pudding (p) (gl),Potato scone (gl), Flat Musl1room, Tomato
VEGETARIAN SCOTTISH BREAKFAST ..... 18.00
(Price Includes continental)Local Hens Eggs (e), Vegan Haggis (gl), Vegan Sausages (gl), Potato Scone (gl), Flat Mushroom, Tomato (V) (Vgo)
SMOKED HADDOCK AND POACHED EGGS ..... 18.00Finnan Smoked Haddock poached in Arran mustard cream with wilted spinach andsoft poached local hens egg (GF) (I) (f) (m) (e)
SMOKED SALMON AND SCRAMBLED EGGS ..... 18.00
Oak Smoked Salmon slices served with scrambled local hens eggs finished with a splash of cream (GF) (1) (f) (e)
FRENCH TOAST ..... 18.00Brioche French toast with a hint of vanilla and cinnamon served with a choice of either.
Crispy smoked Ayrshire Streaky Bacon \& Maple Syrup (gl) (p) (I) (e)
or Berry Compote and Dairy Crème Fraiche (gl) (I) (e) (V)8.00

## Selection of Cereals and Milks

Alpen (gl) (n), Bran Flakes (gl), Cornflakes (gl), Rice Krispies (gl) or Gluten Free Cornflakes served with cow's milk (1) or soy milk (S) (V) (Vgo) (GFO)

## Fresh Fruit Plate

Freshly prepared watermelon, melon, pineapple, grapes and figs (V) (Vg) (GF)

## Cured Meat and Cheese Plate

Great Glen Venison (g) and Pork (p) salamis and sliced Isle of Mull Cheddar (I) (GF)
Fruit Pot
Natural yoghurt with berry compote (I) (V)

Freshly Baked Patisserie Selection
with jams and butter(I)(e)(V)(gl)
(All above breakfasts served with a selection of toast, tea, filter coffee and fruit juices. For specialty coffees please ask a member of staff. Charges apply.)

## TEA/COFFEE AND TOAST

Tea or filter coffee with a selection of either white, brown or gluten free toast served with butter and raspberry jam or marmalade.
(I) lactose
(p) pork
(m) mustard
(s) soy
(g) game
(gl) gluten
(e) egg
(n) nuts
(c) celery
(f) fish
(cr) crustacean
(mo) mollusc
(se) sesame
(lu) lupin
(pe) peanut
(su) sulphur dioxide
(V) vegetarian option
(GF) Gluten free option
(vg) Vegan option
(Vgo) Vegan alternative available
(GFo) Gluten free alternative available

